

# Total Solids & SNF estimation

- Gravimetric Method
- Lactometer Method
- Infrared Spectroscopy
- Formulas- Richmond, Babcock, Fleischmann's

# CONDENSED OR CONCENTRATED MILK

**Concentrated milk** - product obtained by **evaporating part of the water** of whole or skim milk **with or without addition of sugar**

- Condensed milk: full cream sweetened milk
- Evaporated milk: full cream unsweetened milk
- Skimmed milk products: sweetened and unsweetened
- **Unsweetened condensed milk - Evaporated milk**
- ratio of concentration of milk solids: **1: 2.5 for full cream products and 1: 3 for sweetened condensed skim milk**

|                      | Fat %          | Milk Solids % (minimum) |
|----------------------|----------------|-------------------------|
| Evaporated milk      | 8% (minimum)   | 26                      |
| Condensed milk       | 9% (minimum)   | 31                      |
| Evaporated Skim milk | 0.5% (maximum) | 20                      |
| Condensed skim milk  | 0.5% (maximum) | 26                      |

**Cane Sugar in sweetened milks: 40% (minimum)**

# Seeding

- Crystallization of lactose by the addition of fine powder of lactose or small quantity of condensed milk from previous batch.
- Purpose: **forms very small crystals** in the supersaturated solution

- Pilot Sterilization test: to determine the amount of chemical stabilizer to be added in evaporated milk
- Baume Hydrometer test- most commonly used for density test of condensed milks
- Storage temp.- 5-16 °C

# Dried milks

- Dried milk or milk powder: moisture content 5% or less

|                  | Whole Milk powder (WMP)                 | Skim Milk powder (SMP) |
|------------------|---|------------------------|
| Moisture % (max) | 5                                       | 5                      |
| Fat %            | 26 (minimum)                            | 1.5 (max)              |
| Solubility index | 15 if roller dried and 2 if spray dried |                        |
|                  |   |                        |

# Milk Drying Systems

```
graph TD; A[Milk Drying Systems] --> B[Cold]; A --> C[Heat]; B --> D["Freezing out water<br/>And centrifuge"]; B --> E["Freezing milk.<br/>And sublimation."]; C --> F["Film,<br/>Roller or<br/>Drum Drying"]; C --> G["Spray Drying – commercial<br/>method"]; F --> H["Atmospheric<br/>Or<br/>Vacuum"]; G --> I["Compressed Air,<br/>Pressure Spray or<br/>Centrifugal Disc"];
```

**Cold**

**Freezing out water  
And centrifuge**

**Freezing milk.  
And sublimation.**

**Heat**

**Film,  
Roller or  
Drum Drying**

**Atmospheric  
Or  
Vacuum**

**Spray Drying – commercial  
method**

**Compressed Air,  
Pressure Spray or  
Centrifugal Disc**

# Spray drying method:

**Receiving milk**

**Cooling**

5 °C

**Pre-heating at 71 °C.**

**Filtration/clarification**

**Heat**

Combination of 82 °C for 15 minutes

**Condensing**

concentration of 35-40 % total solids is produced

**Pumping**

preheated concentrate at 71° C is forced through the atomizer pressure of 2500 psi.

**Spray drying**

dried with inlet air at 143-232 ° C and the exit air at 74 to 93 °C

**Cooling, Sifting**

A12 mesh screen

**Packaging ,Storage:**

temperatures lower than, 24° C, in a cool, dry place



- **Instantization:** process by which dried milk are made instant soluble
- **Wettability:** measure for the ability of a powder to be wetted with water at a given temperature
- **Agglomeration:** particles collide with each other and adhere
- Skim milk powders more wettable than WMP because of less fat content
- **solubility (reconstitutability):**
- Spray dried milk (once it has been wetted) - soluble up to 98 to 99%
- roller- drying reduces the solubility of the powder to 80 to 85% by damage to the fat globule - **lowest in all methods**

# Fermented milk

- Acidophilus milk: fermented milk developed with *L. acidophilus* culture
- Bulgarian milk : *L. bulgaricus*

Kumiss: originated in Russia - Lactic acid + Alcohol fermented milk

- Formerly mare's milk now cow's
- Alcohol content 2.5%

Kefir: 1% lactic acid + 1% alcohol

Filmjolk: Scandinavian sour milk

# Functional milk products

- specialized dairy items designed to provide additional health benefits beyond basic nutrition
- **lactose-free milk** - made by filtering regular milk to remove half the lactose and adding enzyme Lactase
- **Filled milk**: homogenized product prepared from refined vegetable oil & water.
- **UHT processed milk**: packed & aseptically sealed in pre-sterilized containers. can be stored Unrefrigerated for at least 3 months
- **Designer milk**: as per consumer requirement using biotechnology
- **Irradiated milk**: increased Vitamin D content by UV rays exposure
- Evaporated milk must be fortified with Vit. D

- **Recombined Milk**: product obtained when butter oil (also called anhydrous milk fat), skim milk powder and water are combined in the correct proportions to yield fluid milk.
- **Reconstituted milk**: dispersing milk powder in water
- **Humanized milk**: chemical composition modified to match human milk
- **Imitation milk**: milk of non dairy origin
- **Vegetable toned milk**: milk protein of SMP substituted by groundnut protein (**MILTONE BY CFTRI , Mysore**)

# Cream

According to PFA 1976, minimum fat % - 25%  
(FSSR, 2011):

1. Low fat cream: milk fat not less than 25.0 %
2. Medium fat cream: not less than 40.0 %
3. High fat cream: milk fat not less than 60.0 %

Classification: based on end use

- Table cream, Light cream, Coffee cream : 20-25% milk fat
- Heavy cream Whipping cream: 30-40% milk fat
- Plastic cream: 65-85% milk fat

**PRINCIPLE:** Based on the fact that milk fat is lighter than skim milk portion

| PARTICULARS                        | GRAVITY METHOD   | CENTRIFUGAL METHOD        |
|------------------------------------|------------------|---------------------------|
| NATURE OF FORCE CAUSING SEPARATION | GRAVITATIONAL    | CENTRIFUGAL               |
| SPEED OF SEPARATION                | EXTREMELY SLOW   | PRACTICALLY INSTANTANEOUS |
| DIRECTION OF MOVEMENT PARTICLES    | VERTICAL         | HORIZONTAL                |
| FAT % OF CREAM                     | 10-25            | 18-25                     |
| % fat recovered in cream           | Not more than 90 | 99-99.5                   |

- velocity or rate at which the fat globules rise is given by a equation, which is known as **Stoke's Law**
- In centrifugal method - skim milk on periphery and cream inside
- Cream screw in and skim milk screw out: higher fat% and vice versa



- skimming efficiency: % age of fat recovered in form of cream from milk
- High acidity of milk precipitate casein resulting in clogging of bowl decreasing efficiency of skimming
  - can not be separated from Homogenized milk
  - Pasteurization : LTLT  $\rightarrow$  71 °C for 20 min
  - HTST: 95-100 °C for 5-16 seconds
  - **Vaceration**: dilutes the cream and it will lower the fat percentage of cream up to 6 - 8 %



# Defects

- **Oxidized/oily/Metallic/Tallowy:** Fat oxidation due to direct contact of milk with **copper or iron**, exposure of milk or cream to **sunlight**, etc.
- **Rancid:** Fat hydrolysis due to **lipase action** in milk or cream
- **Highly acid/sour**
  - i. Using sour milk for separation
  - ii. **Acid development** in cream

# Butter

- Balancing wheel of dairy industry
- water-in-oil type emulsion
- Butter fat- 80% (76% in desi butter) Moisture-16 % Salt-3 % and Curd-1.5 % (FSSR)
- No preservative except common salt
- No coloring material except annato or carotene
- Flavoring agent - Diacetyl (not more than 4ppm)

Indian butter: Butter fat-80.2% Moisture-16.3 % Salt-2.5 % and Curd-1.0%

- fat in water emulsion is changed to water in milk fat emulsion
- Milk → separated to get cream → treatment of cream → conversion to butter → storage
- Coloring agent: natural Annatto, carotene
  - Neutralizers: lime, soda
  - Flavoring agent: Diacetyl

# Fisher and Hooker's phase reversal theory

- Churning is process of phase reversal Changing oil in water to water in oil
  - agitation of cream causes: coalescence and clumping of fat globules
  - ratio of surface area to volume of fat becomes very small
  - no longer contains all the buttermilk in stable form
  - fat in water emulsion breaks

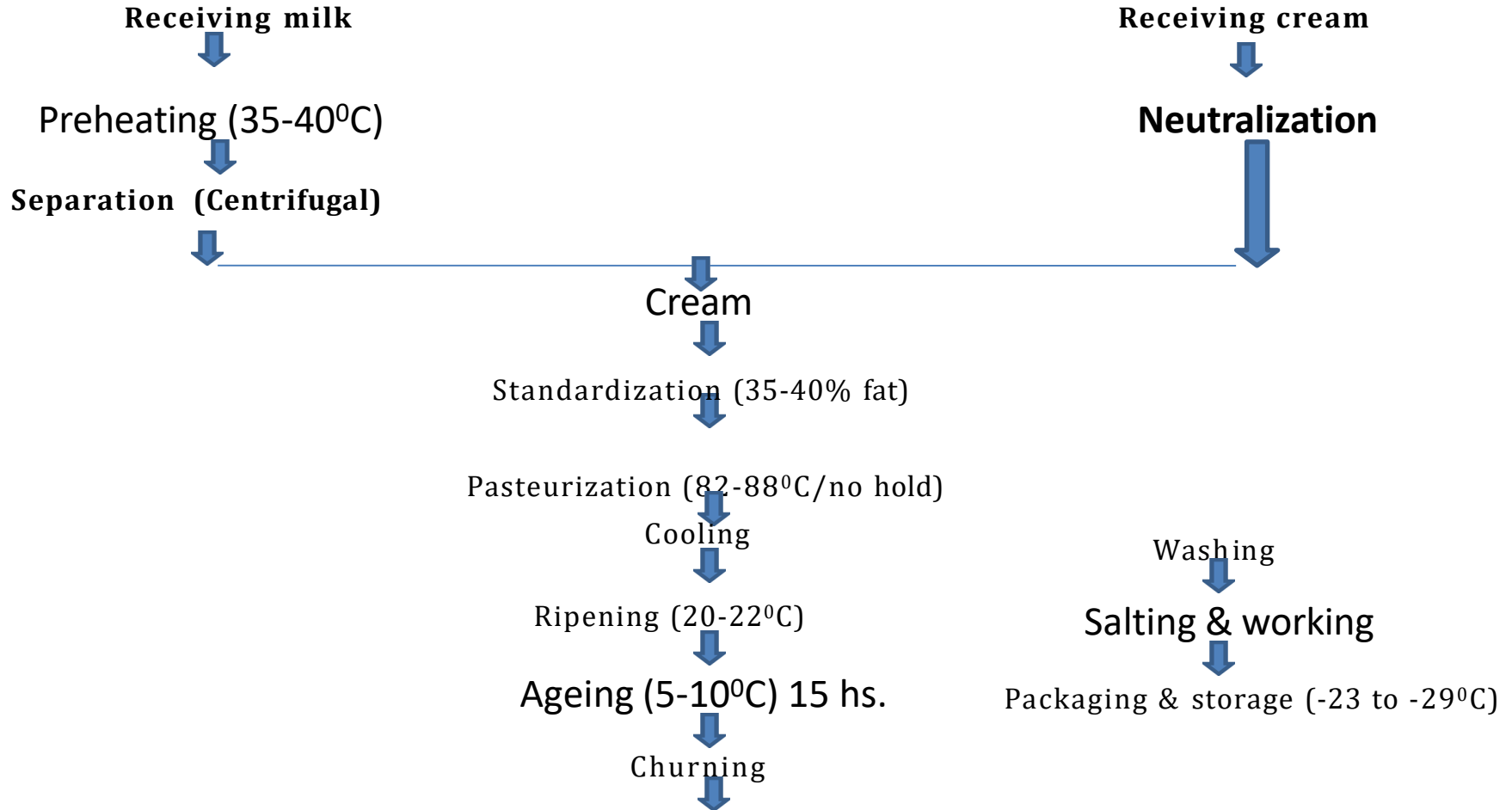
# Rahn's foam theory

- foam produced → fat globule concentrate in foam → bubble due to surface tension -- → foam producing assumes solid character → foam collapses and fat globules coalesce and butter formed
- based on principle Air/ foam was necessary for churning

# king's modern theory

- churning breaks the clusters and causes foam formation
- fat globules concentrated to air bubble in the foam thus brought close to each other to form large particles

## Method of manufacture, packaging and storage



# Steps in butter making:

- Neutralization of cream: reduce the acidity of cream to 0.14-0.16%
- Standardization of cream: 33-40%
- Pasteurization of cream: 90- 95 °C for 15 or 105-110°C with no holding
- Cooling and ageing at 5-10 °C
- Ripening of cream: by mixture of both acid producing (*Streptococcus lactis*, *S.cremories*) and flavour producing (*S.diacetylactis*, *Leuconostoc citrovorum* and/or *Leuc. Dextranicum*, *Clostridium butyricum*)
- the cream is incubated at about 21°C till desired an acidity is reached.



- Churning of Cream: Winters- 10-13°C  
Summers: 7-9°C (Avg. 9-11)
- Salting & Working: Working of butter is a kneading process in which butter granules are formed into a compact mass
- Storage -23 to -29°C

- Gritty - Undissolved coarse salt, incorrect salting
- Grainy - Incorrect neutralization of high acid cream with lime
- *Yeasty flavour and odour: fermentation of the cream by Torula Cremoris and Torula sphaerica*

# Over run

- increase in the amount of butter made from the given amount of fat caused by the presence of moisture , curd, salt etc in butter
- $\% OR = \frac{B-F}{F} \times 100$
- OR= Overrun in butter(%)
- B= Butter made (kg)
- F= Fat in churn (kg)

# ICE CREAM

frozen milk product made by freezing a pasteurized mix with agitation to incorporate air.

should contain not less **than 10% milk fat, 3.5% protein, and 36% total solids**

## Composition of Ice cream mix-

Milk/milk powder + sugar + dextrose + corn syrup + water + flavour + stabilizer (0.3-0.5%) + emulsifier (0.3-0.5%)

## Composition of Ice-cream-

Fat (12-20%) , SNF (8-15%), Sugar ( 13-20%).

# Role of the constituents in ice cream

1. **Milk fat:** full, rich, creamy flavour
2. **Milk solids not fat:** milk sugar adds to the sweet taste. The milk proteins help to make ice cream more compact and smooth
3. **Sugar:** increase the acceptability of ice cream. The desired sweetening effect is only produced by sucrose.
4. **Stabilizers:** prevent the formation of objectionable large ice crystals in ice cream, especially during storage.
5. **Emulsifiers:** improve upon and provide a uniform whipping quality of the mixture.

- Ice cream without Hardening process: Soft serve or Softy
- overrun due to air - Maximum allowable over run up to 100%
- Sandy Texture: caused by Lactose crystals which do not dissolve readily and produce a rough or gritty sensation in the mouth
- Whipping quality: reduced air cell sizes and a homogeneous distribution of air in the ice cream

**Stabilizer**- prevent the formation of objectionable large ice crystals in ice cream, especially during storage

-Sodium alginate, methyl cellulose, gelatin

**Emulsifier**- mainly to improve upon and provide a uniform whipping quality of the mixture, and to produce a drier ice cream with smoother body and texture.

- Egg yolk, sorbitol, propylene glycol esters

# Cheese

- 1) Very hard- less than 25% moisture e.g. Parmesan, Romano
- 2) Hard - 25 to 36% moisture
  - a) Ripened by bacteria, without eyes: Cheddar
  - b) Ripened by bacteria, with eyes: Swiss (*Propionibacterium shermanii*)
- 3.) Soft cheese - 40 % moisture
  - a) Unripened - Cottage
  - b) Ripened - Neufchatel



4.) Semi-hard- 36 to 40 % moisture

a) Ripened principally by bacteria: Brick

b) Ripened by bacteria and surface microorganisms: Limburger

c) Ripened principally by blue mould:

i) External - Camembert (*Penicillium camemberti*)

ii) Internal - Gorgonzola, Blue, Roquefort (*Penicillium Roqueforti* and *Penicillium Glaucum*)

- Cottage cheese from Skim milk
- Ricotta cheese from Whey
- Mozzarella cheese from buffalo milk
- Cheddar cheese from Cow milk
- Feta cheese from goat milk
- Portuguese cheese from ewe milk
- Withania coagulans/Indian rennet-  
rennet substitute in the production of  
cheese

# AVERAGE COMPOSITION OF CHEESE

| Name      | Moisture | Fat   | Protein | Ash and salt |
|-----------|----------|-------|---------|--------------|
| Brick     | 42.5     | 30.7  | 21.1    | 3.0          |
| Camembert | 47.9     | 26.3  | 22.2    | 4.1          |
| CHEDDAR   | 36.8     | 33.8  | 23.7    | 5.6          |
| Cottage   | 69.8     | 1.0   | 23.3    | 1.9          |
| Cream     | 42.7     | 39.9  | 14.5    | 1.9          |
| Edam      | 38.1     | 22.7  | 30.9    | 6.2          |
| Limburger | 54.8     | 19.6  | 21.3    | 5.2          |
| Parmesan  | 17.0     | 22.7  | 49.4    | 7.6          |
| Roquefort | 38.7     | 32.2. | 21.4    | 6.1.         |

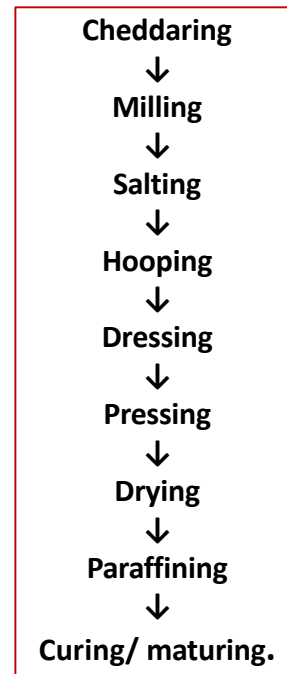
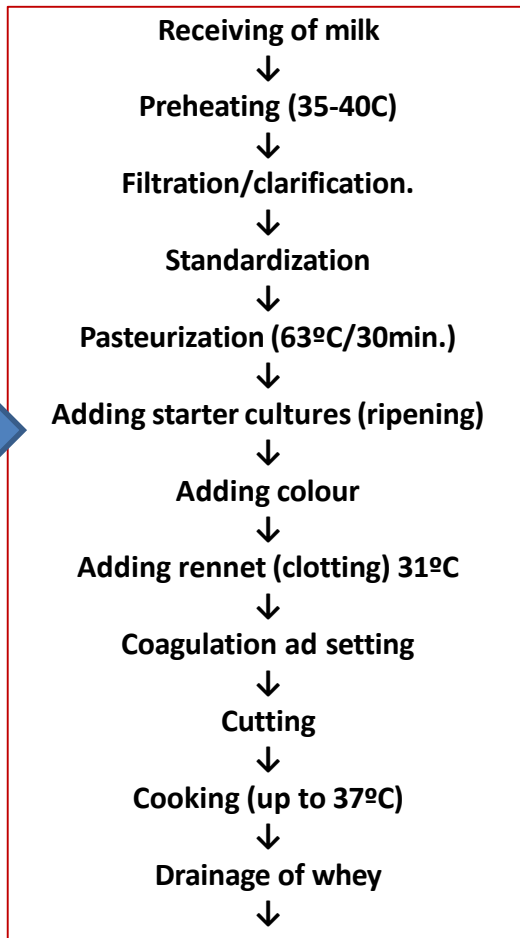
# Scientific basis of cheese making

1. First stage is Souring /ripening
2. Second stage is Clotting /coagulation by rennet
3. Third stage is Cutting and drainage of whey.
4. Fourth stage is Matting of the curd.
5. Fifth stage is Maturing /curing

# CHEDDAR CHEESE

- type of hard cheese
- Starter culture usually contains Str. Lactis and/or Str. Cremoris
- Hot iron test: to check end of cheddaring
- Starter culture added @ 0.5-1% of milk at 30-31°C
- Rennet: Rennin (clotting) + Pepsin (proteolysis) @ 15-25ml/100L of milk
- Color @ 30-200ml/ 1000Kg of milk
- Salting @1-2%

# Flow diagram of manufacture



## Filtration and clarification

Preheating: 35 to 40 °C

**Standardization:** In cheese making standardization refers to adjustment of the casein/fat ratio in cheese to 0.68 to 0.70.

Objectives:

1. To regulate the fat in the dry matter of cheese.
2. To produce the maximum amount of cheese per kg of fat in cheese milk.

**Pasteurization:** The usual temperature time employed for pasteurization of cheese milk is Holder - 63°C for 30min. HTST - 72°C for 15sec.

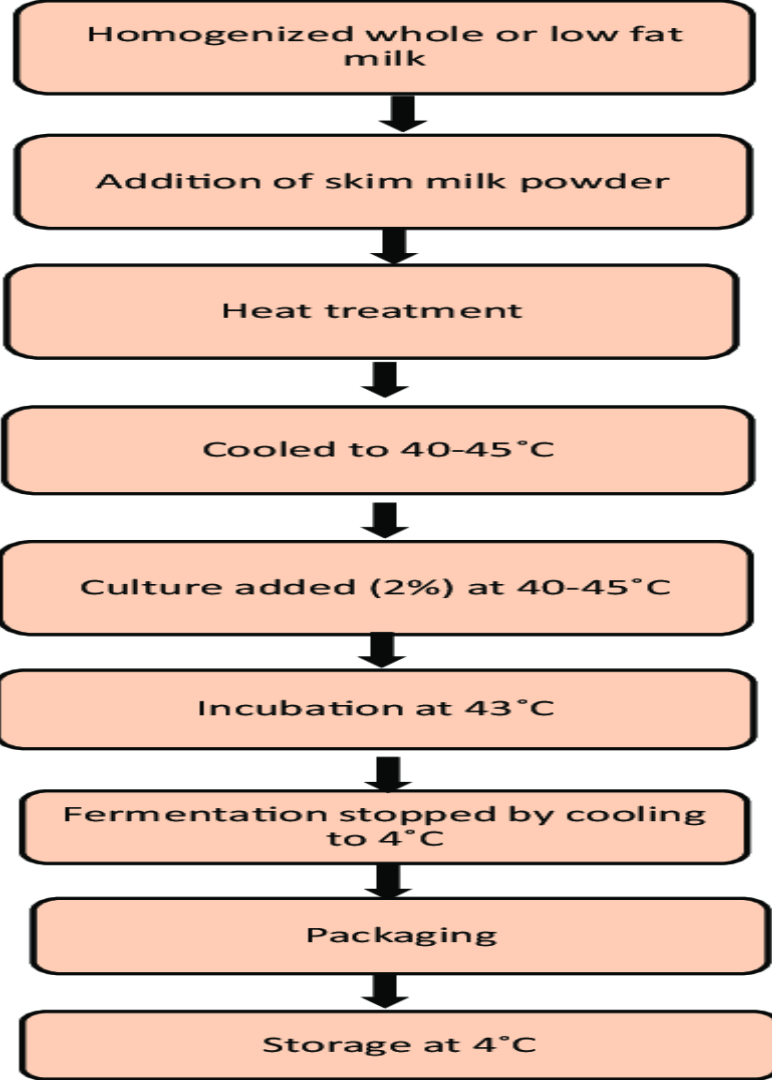
# Addition of calcium chloride

- \* Excessive heat treatment of milk causes the precipitation of a part of calcium salts in milk.
- \* It results in slower renneting action and a weaker curd.
- \* Which can be corrected by the addition of **0.001 to 0.03 %** calcium chloride to milk.



# Yoghurt

- Fat % - 0 to 5 and total solids 9-20%
- Lactobacillus bulgaricus and Str. Thermophilus - grow symbiotically and responsible for fermentation
- Temp. of incubation: 41-43°C



# Dahi/ Curd

- Sweet Dahi with acidity  $< 0.7\%$
- Sour Dahi with acidity around  $1\%$
- Sweetened Dahi: by adding  $6.25\%$  cane sugar
- Starter culture for sweet dahi: *Streptococcus lactis*, *Str. cremoris*, *Str. diacetalactis*
- Starter culture for sour dahi: same as above along with *Lactobacillus bulgaricus* and *Str. Thermophilus*

| Characteristics                     | Requirement for sweet dahi | Requirement for sour dahi |
|-------------------------------------|----------------------------|---------------------------|
| Acidity, lactic (percentage weight) | 0.70                       | 1.0                       |
| Yeast and mould count/gm            | 100                        | 100                       |
| Coliform count/gm                   | 10                         | 10                        |
| Phosphatase test                    | Negative                   | Negative                  |

# Dahi v/s Yoghurt

## Dahi

- Acidity: 0.6-0.7%
- Flavor due diacetyl (obtained from mother compound acetyl methyl carbinol)

## Yoghurt

- Acidity: 0.9%
- addition of artificial sweeteners and flavors
- Acetaldehyde and diacetyl responsible for flavor

# Misti Dahi

- Sweetened Dahi: Misti dahi or Lal dahi - popular in eastern region of country
- Brown color , cooked and caramelized flavor
- Addition of 6.25% cane sugar

# Shrikhand

- **sweetened-dewatered dahi**. This product is extremely popular Western and some parts of Southern India.
- Minimum fat % 8.5 and total solids 58%
- Titrable acidity not more than 1.4%
- inoculated with culture containing *Str. lactis* subsp. *lactis* and *Lactococcus Lactis* var. *diacetilactis*

# Preparation

- dahi is suspended in a muslin cloth until all the free water has drained off
- The semisolid mass obtained is called Chakka
- In industrial method, skim milk is used initially and sugar is added @ 80% of amount of chakka, required amount of plastic cream having 80% fat added to give at least 8.5% fat to shrikhand



# Dairy Products

1. Cultured/ fermented milk products: curd, lassi, Dahi, Chakka, Shrikhand
  2. Acid coagulated milk products- Channa, panner
  3. Acid and Rennet coagulated milk products- Cheese
  4. Heat dessicated/ dehydrated(concentration and coagulation) - Rabri, Basundi, Khoa, Khurchan (23.6%fat)
- Chhana-based sweets i. Rasogolla ii. Pantooa iii. Sandesh iv Rasmalai v. Cham Cham vi. Chhana-murki vii. Chhana podo viii. Milk cake

| Indian Dairy product | Western counterpart            |
|----------------------|--------------------------------|
| Kheer/ Basundi       | Condensed milk                 |
| Khoa                 | Evaporated milk                |
| Rabri                | Clotted cream                  |
| Kulfi                | Ice cream                      |
| Ghee                 | Butter oil                     |
| Lassi                | Butter milk                    |
| Channa               | Lactic coagulated green cheese |
| Paneer               | Soft cheese                    |

Partially desiccated sweetened milk product: Basundi

Partially concentrated and sweetened milk product that contains several layers of clotted cream: Rabri (20% fat)

- Conc. Milk, rice, sugar: Payasam
- Rennet coagulated, small sized soft cheese: Panir

# Channa

- milk solids obtained by the acid coagulation of boiled hot milk and subsequent drainage of whey.
- Moisture-53.5% Fat- 25%
- Protein-17.5%
- Lactose-2% Ash-.2%
- should not contain more than 70 per cent moisture and milk fat should not be less than 50 per cent of the dry matter

# Preparation

- Boiling of milk in karahi.
  - Reducing the temperature of milk to 80°C and required quantity of coagulants is added slowly till the coagulation.
  - The strength of the coagulating acid solution is 1-2%.
  - Coagulants are lactic (for rosogolla) and citric acid (for sandesh).
  - Contents of vessel emptied over a piece of muslin cloth.
  - No pressure is applied
- 
- **Yield of channa:**
    - Cow milk is 16-18%.
    - Buffalo milk is 22-24%

- Cow milk preferred for channa making, because it has open texture - yields smooth textured and smooth body product
- Used for making sweets like rosogulla, Sandesh

# Sandesh

- sweet of eastern India and Bangladesh
- Made up of Milk, sugar, channa or paneer

It is broadly classified in 3 main varieties:

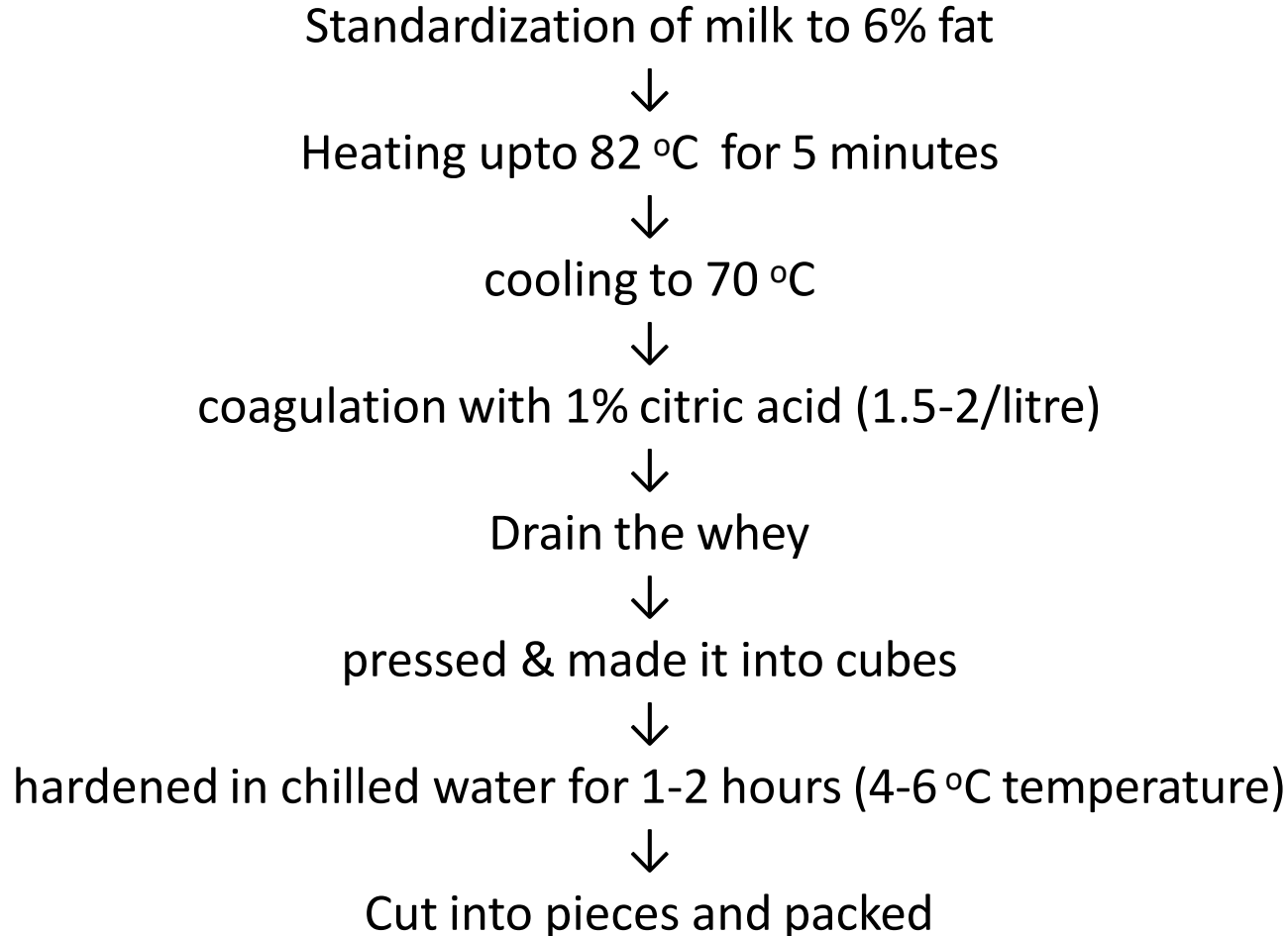
1. Low moisture / Hard grade - Kara Pak
  - 2. Medium moisture / Soft grade - Naram Pak**
  3. High moisture - Kaccha gola
- Soft grade is the most selling variety in India

# PANEER

- Heat acid coagulated milk solid
- moisture 60-70%
- Total solids 30-40% (milk fat not less than 50% of DM basis)
- pressure is applied for removal of whey while in Channa hanged over a hook wrapped in cloth
- Buffalo milk preferred -whitish, sweetish



## Flow chart



# Khoa/ Mawa

- Partially dehydrated (heat coagulated) whole milk product prepared by continuous heating of milk in a karahi over a direct fire, while also constantly stirring-cum-scraping by till it reached a semi solid consistency.
- milk fat content should not be less than 20 percent
- Buffalo milk is preferred over cow milk because it gives higher yield with good quality khoa with soft and smooth body, granular texture.
- Overrun is because of moisture.
- Yield - cow milk: 17-19% while buffalo milk 21-23%

| Type of milk | Composition of khoa |      |         |         |     |           |
|--------------|---------------------|------|---------|---------|-----|-----------|
|              | Moisture            | Fat  | Protein | Lactose | Ash | Iron(ppm) |
| Cow          | 25.6                | 25.7 | 19.2    | 25.5    | 3.8 | 103       |
| Buffalo      | 19.2                | 37.1 | 17.8    | 22.1    | 3.6 | 101       |

three main varieties are "pindi" for burfi, "dhap" for gulabjamun, pantooa etc., and "danedar" used for kalakand

Increase in Iron content :From 2 to 4 ppm in milk, the iron content in khoa exceeds 100 ppm due to scrapping of the pan surfaces during the manufacture

| Constituents                 | Khoa type  |       |         |
|------------------------------|--|-------|---------|
|                              | Dhap   | Pindi | Danedar |
| TS (%) min                   | 55   | 65    | 60      |
| Fat (% dmb) min              | 37   | 37    | 37      |
| Protein (% dmb) min          | 37   | 37    | 37      |
| Ash (%dmb) max               | 6  | 6     | 6       |
| Titration acidity (% LA) max | 0.6  | 0.8   | 0.9     |
| End uses                     | Gulabjamun, Burfi, peda<br>milk cake Pantua<br>Kalakand, |       |         |

# Khoa

- At room temperature (24-30°C) a rancid flavour is developed on *khoa*
- low temperature (5-10°C) a stale and sour flavour is observed and there is mould growth on the surface
- keeping quality of *khoa* at room temperature-5 days and 10 weeks at 4°C
- Generally 4 kg of buffalo milk or 5 kg of cow milk yield one kg of *khoa*
- *Pantua*, *Kala jamun* manufactured from both *Khoa* and *channa*

# Ghee

- Clarified butter fat prepared chiefly from cow or buffalo milk.
- Milk fat - 99 to 99.5%
- Moisture Not more than 0.5 %
- Shelf life of ghee- 6-12 months at 21°C
- Buffalo milk preferred being richer in fat content and gives larger yield of ghee
- Flavor of Ghee is because of Lactones

# Properties

- Specific gravity: 0.93-0.94
- Refractive index 40-45
- RM number: min. 28 (cotton seed feeding areas 20)
- Polenske number: min. 2 (-----do→1.5)
- Solidifying point 28 to 15° C
- Iodine value : 26 to 38
- Saponification number: 220
- Melting point: 28-44° C

- Granularity in Ghee: presence of high melting saturated FA e.g Stearic, Palmitic acid
- buffalo: white color with greenish tinge due to Biliverdin
- cow- golden yellow due to carotene
- Natural antioxidants: Tocopherol, carotene
- Synthetic: BHA, BHT, hydroquinone, gallic acid esters
- BHA level should not exceed 0.02% in Ghee (PFA, 1976)



*Ghee* may contain BHA not more than 0.02% as antioxidant

Table 4: Agmark standards of *Ghee*

| Sr. No. | Tests                             | All India     | Winter regional | Summer    |
|---------|-----------------------------------|---------------|-----------------|-----------|
| 1.      | B audouin                         | Negative      | Negative        | Negative  |
| 2.      | Phytosterol acetate               | Negative      | Negative        | Negative  |
| 3.      | B.R. reading (40°C)               | 40.0-43.0     | 41.5-44.0       | 42.5-45.0 |
| 4.      | R.M.value (Minimum)               | 28            | 23.0            | 21.0      |
| 5.      | Polenske value                    | 1.0-2.0       | 0.5-1.2         | 0.5-1.0   |
| 6.      | Moisture (%)                      | Maximum       | 0.3             |           |
| 7.      | Free fatty acids (as % Olic acid) |               |                 |           |
|         | Special grade (Red label)         | Not more than | 1.4             | -----     |
|         | General grade (Green label)       | Not more than | 2.5             |           |
|         | Standard grade (Chocolate label)  | Not more than | 3.0             | -----     |

# PREPARATION

- Ghee is prepared by five methods, namely,
- Desi
- Creamery butter
- Direct cream
- Pre-stratification methods
- Continuous method - industrial method

**Desi Method:** Fresh makkhan (butter) heated and stirred on a low fire moisture has been removed, further heating is stopped and cooled.

**Merits:**

1. Desirable flavour, body and texture

**Demerits:**

1. Extremely small scale in operation
2. Low keeping quality and vitamin content.

**Creamery butter method:**

- Unsalted creamery butter heated in **an ghee boiler** at a temperature of 90°C.
- The contents are agitated to prevent scorching.
- The scum, periodically removed,
- When all the moisture have been driven out---end point is indicated by the appearance of effervescence.
- Characteristic ghee flavour emanates at temperature 110-120 °C
- heating stopped, the ghee is filtered

### Pre-stratification method:

1. Butter is left undisturbed 80-85 °C for 15 to 30 minutes.
2. Stratifies, into 3 distinct layers
  - I. a top layer of floating denatured particles of curd,
  - II. a middle layer of fat,
  - III. and a bottom layer of buttermilk.
3. Bottom layer of buttermilk contains 60-70 % of solids-not-fat and over 80 % moisture.
4. Buttermilk is removed mechanically without disturbing the top and middle layers.
5. Temperature of the remaining two upper layers is raised to the usual clarifying temperature of 110-120°C.

**Direct-cream method:** Cream heated in ghee boiler similar to Creamery butter method

## **Continuous method:**

### **Objective:**

To manufacture ghee on an industrial scale

### **Advantages:**

1. Large scale handling
2. Utilization of machines for a large number of operations
3. High fat recovery
4. No stirring, no scrapping and no laborious effort on the part of the ghee operators required.

# Test for adulteration

- Valenta test: animal fat adulteration
- Halphens test: for cotton seed oil
- Nitric acid test, Baudin test,  
Phytosterol test: vegetable oil  
adulteration

# Indian Dairy Products

- Panir: indian variety of rennet coagulated small sized soft cheese e.g. surati panir, bandal cheese
- Kheer/ basundi: partial dehydration of whole milk in karahi
- Khurchan: concentrated, sweetened whole milk product prepared by simmering without stirring in karahi and have fat % of 23.6
- Rabri: concentrated and sweetened milk product containing several layers of clotted cream and have 20% fat

# BUTTEROIL

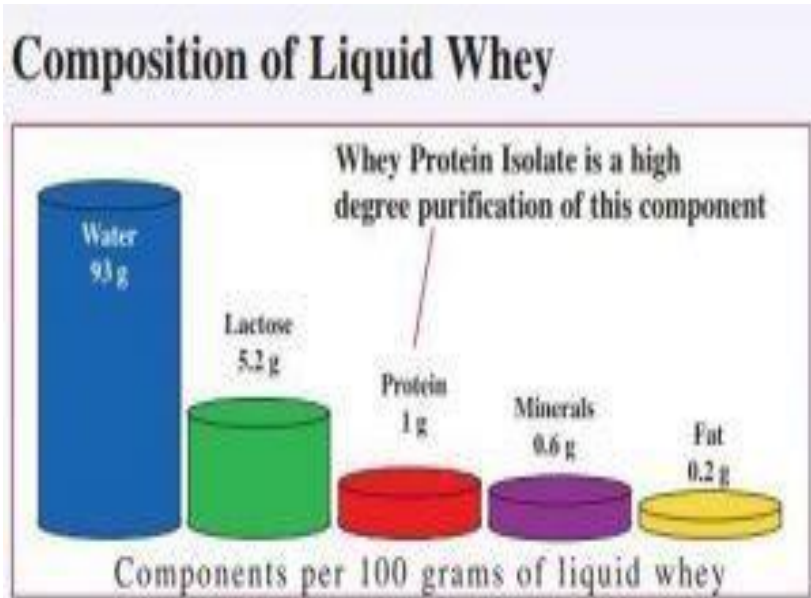
- Butteroil - almost total removal of water and milk solids not fat
  - moisture around 0.4%
  - Fat: 99.8%
- \* Anhydrous milk fat(AMF) moisture around 0.1%



**By- products** of commercial value are obtained during the manufacture of main product from milk.

| Main product         | By product   |
|----------------------|--------------|
| Cream                | skim milk    |
| Butter               | butter milk  |
| Ghee                 | ghee residue |
| Channa/paneer/cheese | whey         |
| Curd                 | lassi        |

# Composition of whey

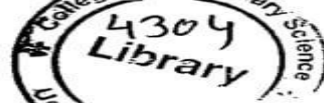


**Table 1**

| Protein                | Content in Milk g/L |
|------------------------|---------------------|
| Major Whey Proteins    |                     |
| $\beta$ -lactoglobulin | 3.3                 |
| $\alpha$ -lactalbumin  | 0.7                 |
| Serum Albumin          | 0.3                 |
| Proteose peptones      | 1                   |
| Minor Whey Proteins    |                     |
| Immunoglobulin         | 700mg/L             |
| Lactoferrin            | 100mg/L             |
| Lactoperoxidase        | 30mg/L              |
| Lysozyme               | 0.13mg/L            |

Adapted from (Modler, 2000).

| Product                | Packaging Material   |
|------------------------|--|
| Liquid milk            | Glass bottles (obsolete)<br><b>LDPE film</b><br>Paper laminates for tetra packs  |
| Milk Powder            | Tin plate containers, nitrogen packed, and lacquered from outside.<br>Flexible laminates such as metallized PET / BOPP / Aluminium foil / Poly laminates. Refill packs; lined cartons laminated with BOPP / PET, varnished on the outside.<br>Bag-in-box; Powder filled in laminate and packed in cartons. |
| Butter                 | Duplex board with <b>vegetable parchment paper</b><br>Tin plate containers<br>Aluminium foil   |
| Cheese / Cheese spread | Tin plate containers lacquered from inside<br>First packed in aluminium foil and then in duplex board carton Injection moulded PP / HDPE container   |
| Ghee                   | <b>Tin plate containers lacquered from inside</b><br><b>Glass bottles</b><br><b>HDPE film pouches</b>  |
| Ice cream              | Thermoformed / Injection moulded plastic containers Duplex board carton (poly laminated)<br>Laminates of BOPP (Biaxially Oriented Polypropylene) / PET   |
| Indian Dairy Products  | Injection moulded / thermoformed containers (shrikhand, gulab jamun) Stand up laminated pouches  |



## APPENDIX

## Bacteriological standards as prescribed by Bureau of Indian Standards (BIS)

## Bacteriological standards of raw milk (IS-1479 PART III-1997)

| Grades    | Direct microscop-<br>ic count<br>per ml<br>(lakhs) | Standard<br>plate count<br>per ml<br>(lakhs) | Methylene<br>blue reduction<br>time (hr) | One hour<br>resazurin disc.<br>(No.) | Presumptive<br>coliform test<br>(in 0.01 ml)<br>i.e. 1 in 100 |
|-----------|--|--|--|--------------------------------------|---|
| Very good | NS   | < 2  | > 5                                      | NS                                   | absent  |
| Good      | < 5  | 2-10   | 3-4                                      | 4 or higher                          | absent  |
| Fair      | 5-40   | 10-50  | 1-2                                      | 3.5 to 1.0                           | absent  |
| Poor      | 40-200   | > 50   | < 1/2                                    | 0.5 to 0                             | present   |
| Very poor | > 200  | NS   | NS                                       | NS                                   | NS  |

NS : Not specified

## Bacteriological standards of pasteurised milk (IS-6397-1971)

| Test                 | Requirement             |
|----------------------|-------------------------|
| Standard plate count | Maximum 30000 cfu/ml    |
| Coliform count       | absent in 1:10 dilution |
| MBRT                 | more than 4 hr          |
| Alkaline phosphatase | test negative           |

## Bacteriological standards of cream (IS-3509-1966)

| Type of Cream | Type of count        | Level in Cfu/ml or g<br>(lakhs) | Grade        |
|---------------|----------------------|---------------------------------|--------------|
| Raw Cream     | Standard plate count | < 4                             | Very good    |
|               |                      | 4-20                            | Good         |
|               |                      | 20-100                          | Fair         |
|               | Coliform count       | 100                             | Poor         |
|               |                      | < 100                           | Satisfactory |
| Pasteurised   | Standard plate count | < 60000                         | Satisfactory |
|               | Coliform count       | < 10                            | Satisfactory |

## Bacteriological standards of butter (IS-3507-1966)

| Yeast & Mold count/ml | Quality   |
|-----------------------|-----------|
| < 20                  | Good      |
| 21-50                 | Fair      |
| 51-100                | Poor      |
| > 100                 | Very poor |

**Bacteriological standards of ice cream (IS-2802-1964)**

| Test                         | Limit                  |
|------------------------------|------------------------|
| Standard plate count (per g) | not more than 2,50,000 |
| Coliform count (per g)       | not more than 90       |
| Phosphatase test             | negative               |

**Bacteriological standards of condensed milk (IS-1166-1973)**

| Characteristics                       | Full cream | Skim milk |
|---------------------------------------|------------|-----------|
| Bacterial count (cfu/g. maximum)      | 500        | 500       |
| Test for Coliforms                    | Negative   | Negative  |
| Yeast and Mold count (cfu/g. maximum) | 10         | 10        |

**Bacteriological standards of milk powder (IS-1165-1975)**

| Types                                    | WMP and extra grade SMP | Standard grade SMP |
|--|-------------------------|--------------------|
| Total bacterial count, max, cfu/g        | 40,000                  | 50,000             |
| Coliform count                           | absent in 0.1 g         | absent in 0.1 g    |
| <i>Salmonella</i>                        | absent in 25 g          | not specified      |
| <i>Staph aureus</i> (coagulase positive) | absent in 0.1 g         | not specified      |
| <i>Shigella</i>                          | absent in 25 g          | not specified      |

**Bacteriological standards of indigenous dairy products.**

| Product          | Standard plate count max (cfu/g) | Coliform count, max (cfu/g) | Yeast and mold count, max (cfu/g) | ISI Manual Reference No. |
|------------------|----------------------------------|-----------------------------|-----------------------------------|--------------------------|
| Khoa             | NS                               | 90                          | 50                                | IS-4883-1980             |
| Burfi            | 30,000                           | NS                          | 10                                | IS-555-1970              |
| Paneer           | 5,00,000                         | 100                         | 250                               | IS-10984-1983            |
| Kulfi            | 2,50,000                         | 100                         | NS                                | IS-10501-1983            |
| Chakka           | NS                               | 10                          | 20                                | IS-9532-1980             |
| Shrikhand        | NS                               | 10                          | 50                                | IS-9532-1980             |
| Canned Rasogolla | 500                              | Nil                         | NS                                | IS-4079-1967             |

**Microbiological standards for assessing the sterility of utensils/equipments as prescribed by BIS (cited from *Fundamentals of Dairy microbiology* by Prajapati p:44.)**

|                     | Rinse method<br>Colony count per liter<br>capacity of can | Swab method<br>Colony count per 900 sq.cm. area<br>of equipment surface |
|---------------------|---|---|
| Satisfactory        | < 1000  | < 5000  |
| Fairly satisfactory | 1000 to 5000  | 5000 to 25,000  |
| Unsatisfactory      | > 5000  | > 25,000  |

- Buffalo milk is preferred over cow milk for manufacture of Paneer because (RPSC 2019)
  - a) Paneer prepared from Buffalo milk is white in colour, sweetish, spongy, nutty flavoured.
  - b) Paneer prepared from Buffalo milk is very compact and fragile and its pieces lose their identity during cooking.
  - c) Paneer prepared from Buffalo milk is often substituted for meat in many vegetarian dishes of Indian cuisine.
  - d) Paneer prepared with buffalo milk is more quantitatively as compared to cow milk.

- Which of the following milk product has the highest fat percentage?

(A) Rasgulla (B) Kulfi (C) Khoa (D) Basundi

- Normal Butyro-Refractometer (BR) reading of ghee at 40 °C varies from
- [A] 40-45 [B] 20-25 [C] 30-35 [D] 50-55



- Standardization of cheese milk during cheese making is adjustment of casein/fat ratio of

[A] 0.48 to 0.50

[B] 0.86 to 0.90

[C] 0.68 to 0.70

[D] 0.78 to 0.80

# A good quality paneer is obtained by

- a. heating milk to 90° C, cooling to 70° C.
  - b. heating milk to 100° C, cooling to 30° C.
  - c. and acidifying hot milk by adding 10% citric acid solution.
  - d. and acidifying hot milk by adding 1% citric acid solution.
- i. a and c
  - ii. a and d
  - iii. b and c
  - iv. b and d

- The moisture content of hard cheese is generally:  
(A) 35-40% (B) 40-45% (C) 70-80% (D) None of the above

- The milk having an acidity of 0.72% will:
  - (A) Curdle on boiling
  - (B) Coagulate spontaneously
  - (C) Coagulate followed by liquefaction
  - (D) Remain normal

- Difficulties are experienced in curdling and ripening of cheese if milk contains:

(A) Antibiotic residue

(B) Pesticide residue

(C) Insecticide residue

(D) All of the above

- According to BIS, the SPC in 'burfi' should not exceed:
  - (A) 250/g
  - (B)  $3 \times 10^4$
  - (C)  $2 \times 10^8$
  - (D)  $4 \times 10^7$

- The permitted antioxidant in ghee is:  
(A) BHA (B) BHT (C) NDGA (D) Ethyl gallate

- The adulteration of animal fat in ghee is tested through:
  - a) Bomer's Phyto-Sterol Test
  - b) Valenta Test
  - c) Baudouin Test
  - d) Halphens Test



The iron content of Khoa should be more than  
(A) 175 ppm (B) 100 ppm (C) 200 ppm (D) 250  
ppm